

**St. Tammany Outreach for the Prevention of Suicide  
(STOPS)**

**Is Proud to Sponsor**

**ASIST for 2010**

**Applied Suicide Intervention Skills Training**

**A two-day suicide first-aid interactive workshop for community caregivers**

**The challenge**

Every year more people die by suicide than from all of the armed conflicts around the world. For every suicide, there may be up to 100 times more people who are injured by non-fatal suicidal behaviors. In any year, as many as 6% of the population will have serious thoughts of suicide. How can further deaths and injuries be prevented? How can we support people to choose life when something prevents them from seeing a way forward?

**The opportunity**

Most people considering suicide share their distress and their intent. Training can help us see and respond to these invitations to help. It can give you the confidence to ask about suicide if you are concerned about someone's safety. It can provide you with tools to help prevent the immediate risk of suicide.

**The workshop**

ASIST provides practical training for caregivers seeking to prevent the immediate risk of suicide. Participants often include: people concerned about family or friends, emergency service workers, counselors, teachers, ministers, mental health practitioners, law enforcement workers and community volunteers.

**The outcome**

The emphasis of ASIST is on suicide first aid: on helping a person at risk stay safe and seek further help. Attendance at the two full days is essential.

Learn how to:

- ❖ Recognize invitations for help
- ❖ Reach out and offer support
- ❖ Review the risk of suicide
- ❖ Apply a suicide intervention model
- ❖ Link people with community resources

Evaluations have shown that the workshop increases caregivers' knowledge and confidence to respond to a person at risk of suicide, that intervention skills are retained over time and that they are put to use to save lives. Like CPR, training in suicide intervention develops skills that help reduce the immediate risk of death until other resources can be mobilized.

**\*IMPORTANT\*** This training is 95% experiential; missing one section can cause you to not fully grasp something in a later section. We will ask that you turn off your cell phones and pagers and give us your full attention for two days.

**\*CERTIFICATION\*** This program has been approved for 12.5 Clinical CEU's by the National Association of Social Workers, Louisiana Chapter as authorized by the Louisiana State Board of Social Workers Examiners, and may be applied toward the continuing education requirements for Licensure renewal. No partial credit is available.

To learn more about STOPS and its other programs call **985-237-5506**, email: [lavondra@bellsouth.net](mailto:lavondra@bellsouth.net) or visit us at: "<http://www.stops-la.org>"

**Make a difference. Come to ASIST. Learn how to help.**

# ASIST Registration Form

(Return one for EACH participant)

## Upcoming 2010 Workshop: Dates & Location

**Dates:** *April 15<sup>th</sup> & 16<sup>th</sup>, 2010*  
*JUNE 17<sup>th</sup> & 18<sup>th</sup>, 2010*  
*September 9<sup>th</sup> & 10<sup>th</sup>, 2010*

**Location:** *Greater Covington Center*, 317 N. Jefferson St., Covington, La. 70433

**Time:** This is a two-day workshop. Training begins both days at 8:30 a.m. and ends at 4:00p.m. Continental breakfast and lunch will be provided.

All registrations are due no later than 14 days before the start of each class.

**Cost:** \$ **125.00** due with registration form.

**Cancellation Policy:** If you cancel your enrollment at least two weeks (14 days) prior to the date of training your fee will be refunded **less a \$35 handling fee**. To cancel, call **985-237-5506**.

**CEU's:** Credit for 12.5 Clinical CEU's has been approved by the NASW-LA Chapter.

**Note:** This is an educational program and is not intended in any way to provide therapy to anyone who has experienced a recent loss or who is themselves at risk for suicide. Appropriateness of training attendance is at the discretion of the ASIST trainers.

**Facilitators:** Virginia Blanke, Dian Lusher and Becky Roniger

**Detach the form below and mail it with your check. Keep the top for reference.**

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**PLEASE PRINT**

Name & Title (if applicable) \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Telephone \_\_\_\_ - \_\_\_\_\_ (circle) Day /Evening / Cell      FAX \_\_\_\_ - \_\_\_\_\_

Are you a STOPS Member?    \_\_\_ Yes    \_\_\_ No    \_\_\_ Send me an application.

**E-mail** \_\_\_\_\_

I would like to attend ASIST on (select from available dates): \_\_\_\_\_

I have the following dietary restrictions: \_\_\_\_\_

I heard about the ASIST through: \_\_\_\_\_

Mail this form along with your check payable to **STOPS** to **427 N. Theard St., Private Mail Box# 500, Covington, LA 70433**. For more information call: LaVondra Dobbs, 985-237-5506, Fax: 985-893-2353 or email: [lavondra@bellsouth.net](mailto:lavondra@bellsouth.net) or visit us at: "<http://www.stops-la.org>"