

Addictive Disorder & Co-occurring Disorder Treatment Integration Thursday, November 18, 2010 (8 am - 12 Noon)

Separate regulations, financing, provider education, licensing and credentialing, and eligibility for services have existed for decades between the division of substance abuse and mental health treatment systems. This training presents definitions, terms, and classification systems for Co-occurring Disorders along with components and implementation of the SAMHSA evidenced-based practice of The Integrated Dual Disorder Treatment (IDDT) model. Components include application of knowledge, skills, and techniques to comprehensively address both mental health and substance abuse issues in persons with COD.

Your Instructor: Ralph J. Melancon, Jr., LAC, AADC, CCDP-D, CCS is an advanced licensed addiction counselor, co-occurring disorder professional and certified clinical supervisor who has been serving the addiction program direction, development and administration field since 1984. He is an Addictive Disorder Regulatory Authority (ADRA) Approved Education Provider (AEP) and conducts training for the International Certification & Reciprocity Consortium (IC&RC) International Certified Clinical Supervisor (CCS) credential. He is the past Vice-Chairman and current Chairman of the addiction counseling Certification Examination Board (CEB) in Louisiana and works closely with the Louisiana Association of Substance Abuse Counselors and Trainers (LASACT) to provide certification, examination and practice competency verification and professional addiction counseling competency trainings.

Gestalt Therapy: Working with Couples Thursday, November 18, 2010 (1 pm - 5 pm)

Gestalt Therapy is a nonanalytic, noncoercive, and nonjudgmental psychological approach developed by Fritz and Laura Perls, Paul Goodman, and Ralph Hefferline in the 1960s, influenced by Kurt Lewis' Field Theory, Gestalt Psychology, philosopher Martin Buber, Buddhism, and other theories.

Contemporary Gestalt Therapy has been applied in diverse settings such as the mental health, organizations, and educational fields. In this workshop we will explore the contribution and application of Gestalt Therapy in couples counseling. Sensitive discussion can bring a couple an experience of closeness, yet words are not necessarily the core of intimacy. Therefore, the workshop is designed to discuss some aspects of intimacy from the Gestalt Therapy perspective—unfolding the layers of defense mechanisms, and focusing on wholeness and growth.

Recommended reading: Perls, Frederick, Hefferline R. & Goodman, P. Gestalt Therapy: Excitement and Growth in the Human Personality.

Your Instructor: Maria Oneide Willey, M.A., LMFT, Certified Gestalt Therapist, is a licensed clinical psychologist in the northern part of Brazil, where she had a private practice for 12 years, taught theories and techniques in psychology, and supervised clinical internship with a concentration in Gestalt therapy. She holds a master's degree in social psychology at Federal University of Minas Gerais in the southern part of Brazil, and a master's degree in clinical psychology with concentration in psychoanalytic approach at the federal University of Pará. She is a certified Gestalt therapist at Gestalt Institute of Rio de Janeiro and Gestalt International Study Center in Cape Cod, MA, certified couples and small systems gestalt therapist, and certified health system management at São Paulo State University of Ribeirão Preto. In Lafayette, LA she has her own private practice as a licensed marriage and family therapist, and has been teaching introduction to psychology and social psychology at South Louisiana Community College. Presently she is working on research and developing a community program.

Attention Deficit Hyperactivity Disorder: Let's Get Organized: Thoughts, Feelings, Family Friday, November 19, 2010 (8 am - 12 Noon)

Attention Deficit Hyperactivity Disorder not only effects the individual but also the total family system. This workshop will deal with the etiology and treatment of ADHD and discuss skills which a family must develop in order to cope with the effects of this disorder. This workshop will address: time management, study skills, test taking, reading, mapping, memory, motivation, stress and coping skills [both client's and family's] and self esteem. ADHD must be seen and treated as a disruption of the family system, not just the issue of a single family member.

Your Instructor: Ken Benedik, LPC, LMFT, LAC is a retired UL teacher. He holds masters' degrees in both theology [emphasis in pastoral counseling] from St. Paul's College and counseling from Trinity University. He has also studied addiction at the Hazelden Foundation and the prestigious Johnston Institute in Minnesota. He was one of the founders of Carefree, a free mental health clinic in Lafayette and was honored with the Humane and Caring Person Award of the Louisiana Counseling Association and the Volunteer of the Heart Award from the Extra Mile [with his wife]. He has been a mental health professional for over thirty years, practicing in Lafayette, and during that time has testified as both a fact witness and an expert witness numerous times in numerous judicial district courts in the Acadiana area.

Aligning Yourself for Stress Management Friday, November 19, 2010 (1 pm - 5 pm)

Aligning your life with your purpose and mission reduces stress by allowing you to stay on your path and say "NO" to demands that will take you off of your course. Organizing your life and time around your mission and purpose helps you to "live above the line". In addition, finding your strengths will help you to be more effective in all areas of your life, and will further enhance alignment as you effortlessly lead others and help them to find their strengths. By clearly defining your purpose and making short term decisions in line with long term well being, we can enhance our lives in 5 areas: your career, social, financial, physical and community wellbeing.

Your Instructor: Rebecca Kreamer, a licensed attorney and certified teacher, is now also a full time business and educational consultant. She has spoken to and actively engaged hundreds of audiences, and facilitated many groups on a variety of topics including, but not limited to: diversity, time management, stress management, leadership and supervision. In addition, through her facilitator training with Franklin Covey, she is certified in many of the courses offered to businesses and educators. Her style of facilitating, which is active involvement and total engagement of her audiences, promises to create a fun, fast, enjoyable learning experience for all.

Itinerary

Thursday, November 18, 2010

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| 7:30 AM | Registration |
| 8:00 AM | Addictive Disorder & Co-occurring Disorder Treatment Integration |
| 9:30 AM | Break |
| 9:45 AM | Addictive Disorder & Co-occurring Disorder Treatment Integration, cont. |
| 12:00 Noon | Lunch (on your own) |
| 1:00 PM | Gestalt Therapy: Working with Couples |
| 2:30 PM | Break |
| 2:45 PM | Gestalt Therapy: Working with Couples, cont. |
| 5:00 PM | Dismiss |

Friday, November 19, 2010

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| 7:30 AM | Registration |
| 8:00 AM | Attention Deficit Hyperactivity Disorder: Let's Get Organized: Thoughts, Feelings, Family |
| 9:30 AM | Break |
| 9:45 AM | Attention Deficit Hyperactivity Disorder: Let's Get Organized: Thoughts, Feelings, Family , cont. |
| 12:00 Noon | Lunch (on your own) |
| 1:00 PM | Aligning Yourself for Stress Management |
| 2:30 PM | Break |
| 2:45 PM | Aligning Yourself for Stress Management, cont. |
| 5:00 PM | Dismiss |

This seminar has been approved by:

The National Association of Social Workers (NASW) - Louisiana Chapter for 11.25 (Clinical) contact hours of continuing education and 3.75 (General) contact hours of continuing education for the Stress Management session. Total contact hours approved are 15 (3.75 hours per session)

Louisiana Counseling Association (LCA) for 15 contact hours of continuing education credit (3.75 hours per session).

Louisiana Association for Marriage and Family Therapy (LAMFT) for 15 contact hours of continuing education (3.75 hours per session).

The Addictive Disorder Regulatory Authority (ADRA) for 15 contact hours of continuing education credit (3.75 hours per session).

* Seven and one half (7.5) hours of continuing education credit will be awarded per each day of attendance.

* NOTE: The University of Louisiana at Lafayette will seek to accommodate all persons with disabilities for this program. If you have a disability that may require accommodations, please notify this office in writing 14 days in advance to make arrangements.

**2010 Mental Health Professionals
Continuing Education Seminar**

November 18 & 19, 2010 ♦ 8:00 AM - 5:00 PM
Location: Continuing Education Center
1606 Johnston St. Lafayette, LA 70503
For Hotel Reservations: (337) 291-1977

Name _____

Position _____

Employer/Agency _____

Address _____

E-mail _____ DOB _____

Phone _____ FAX _____

I am interested in registering for the following:

- Nov 18 - Addictive Disorder & Co-occurring Disorder Treatment Integration- \$69
- Nov 18 - Gestalt Therapy: Working with Couples- \$69
- Nov 19 - Attention Deficit Hyperactivity Disorder: - \$69
- Nov 19 - Aligning Yourself for Stress Management- \$69
- Single Day (Nov. 18 or Nov. 19) - \$115
- Entire Seminar - \$195

Board(s) seeking credit from:

- LCA NASW LMFT ADRA

Payment Method (check one):

- Check (Make payable to UL Lafayette)

- Discover MasterCard VISA

Credit Card # _____ Exp. Date ____/____

Security Code (last 3 or 4 digits on back of card) _____

Authorizing Amount \$ _____

Authorizing Signature: _____

- Approved Facility Invoice Purchase Order # _____

Online Registration Now Available : www.ce.louisiana.edu (credit card only)

Mail To: **UL Lafayette Continuing Education**

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**2010 Mental Health Professionals
Continuing Education Seminar**

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Addictive Disorder & Co-occurring
Disorder Integration

Gestalt Therapy: Working with
Couples

Attention Deficit Hyperactivity
Disorder: Let's Get Organized:
Thoughts, Feelings, Family

Aligning Yourself for
Stress Management



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2010 Mental Health Seminar #2