

Motivational Interviewing & Brief Interventions in Addiction Treatment

Thursday, February 24, 2011 (8 am - 12 Noon)

The focus of this training is an overview of the basic principles of Motivational Interviewing and the implementation of MI as a diffuse style of clinical interaction as opposed to just another helpful clinical method. Critical factors are at play when external mandates and motivational factors lead a consumer to seek help. The presentation reviews effective strategies for addressing consumer ambivalence about change, denial or resistance and moving these consumers through a journey of emphasizing consumer choice and self-efficacy. It also addresses treatment planning as a collaborative solution for consumers for whom change plans may represent premature goals and the understanding that highly effective and efficient helpers are more rooted in “being” rather than “doing”.

Your Instructor: Ralph J. Melancon, Jr., LAC, AADC, CCDP-D, CCS is an advanced licensed addiction counselor, co-occurring disorder professional and certified clinical supervisor who has been serving the addiction program direction, development and administration field since 1984. He is an Addictive Disorder Regulatory Authority (ADRA) Approved Education Provider (AEP) and conducts training for the International Certification & Reciprocity Consortium (IC&RC) International Certified Clinical Supervisor (CCS) credential. He is the past Vice-Chairman and current Chairman of the addiction counseling Certification Examination Board (CEB) in Louisiana and works closely with the Louisiana Association of Substance Abuse Counselors and Trainers (LASACT) to provide certification, examination and practice competency verification and professional addiction counseling competency trainings.

Fundamentals to Marriage Counseling from a Christian Perspective

Thursday, February 24, 2011 (1 pm - 5 pm)

According to a poll by the Encyclopedia Britannica, 83% of Americans claim to be Christian. Here in Lafayette, Acadians have a long tradition of practicing Catholicism. In fact more than 50% of Lafayette Parish residents call themselves Catholic according to a 2000 census report. Since a majority of residents in Lafayette claim some form of religious faith in Christianity, counselors need to be able to incorporate their client's Christian faith into the marriage counseling milieu. This workshop will present an overview of the major tenants of the most common denominations in Acadiana, common value systems of all professing Christians, Jesus' teaching on love and relationships and how to incorporate this information into the counseling process. Additionally, changing cultural norms of morality will be reviewed as potential challenges to marriage as a Christian institution. Other theories, including social learning theory, family systems, cognitive behavior theory, and RET will be presented as part of the overall philosophy of approaching marriage counseling. Marc will share educational resources that practitioners can use to help teach marriage counseling clients the basic essentials to developing and maintaining a healing and healthy marriage.

Your Instructor: Marc D'Aunoy, is the co-founder of The Kitchen Table Counseling and Life Coaching Services, Inc., a non-profit, faith-based counseling agency in Lafayette, LA. He received his Masters Degree in Counseling from the UNO in 1998. He holds a license in both Marriage and Family Therapy and Professional Counseling in the state of Louisiana. Marc has over 10 years of post-graduate experience and has been licensed since 2001. He is a member of the American Association of Christian Counselors and Louisiana Counselors Association. Today, approximately half of Marc's practice is devoted to marriage counseling. Marc focuses his energy providing couples direction in restoring their marriages/relationships and also leads men's groups for spiritual formation and inner healing. He also serves as the local coordinator for Chick-fil-A's Breakfast with Dad, a ministry of All Pro Dad dedicated to encouraging fatherhood and family values.

Therapeutic Interventions with Veterans & the Military

Friday, February 25, 2011 (8 am - 12 Noon)

Adjusting to civilian life can be more challenging than expected for many of our soldiers returning from a combat zone. Like many combat veterans, a soldier may relive experiences after the initial excitement of being home has subsided. Understanding the many changes and challenges after deployment can better prepare soldiers to adjust to the mental journey back to the civilian world. Utilizing research-based intervention techniques, professionals will learn how to help service members with effective coping skills during their transition with family relationships and individual responsibilities.

Your Instructors: Angela V. Broussard, LCSW-BACS, is a recognized clinician, author, consultant and lecturer. Mrs. Broussard is a direct commissioned behavioral health officer with the Louisiana National Guard and recently returned from a tour of duty in Baghdad, Iraq in support of Operation Iraqi Freedom. She has 16 years of experience specializing in crisis intervention, individual and family therapy. Mrs. Broussard has written several articles, developed materials to address the needs of youth and families, and designed behavioral health training manuals and materials for professionals. She has been a member of NASW for fourteen years and served as the NASW-LA Lafayette Regional Chair for three years. She is a volunteer for American Red Cross, Capital Area Human Services Recovery Network, Katrina Angels organization, and Give an Hour Veterans project. Due to her accomplishments in social work, she was selected as the NASW-LA Social Worker of the Year (2005), Lafayette City-Parish President's Distinguished Citizen, Commission on the Needs of Women, Woman of Excellence, Career Achievement, and Dorothy Schenthal Service Award.

Time Management for the Clinician

Friday, February 25, 2011 (1 pm - 5 pm)

Aligning your time with your purpose and mission creates harmony, and a true sense of balance. Time is money, the saying goes, but the real “costs” of mismanaging your time can leave you feeling out of sync and stressed out. This workshop will help you get a grip on your schedule, your calendar and your planner. You will learn how to effectively use your planner to schedule your most important activities. You will never think of your time in the same new way after this workshop, as you will have a paradigm shift about the time you have and how to spend it wisely. In addition to understanding what “time wasters” are, you will learn how to spend your time achieving your goals, identify the right things to be doing and develop plans for doing them, learn what to delegate and how to delegate well, and take control of things that can derail workplace productivity. You will cover: the power of change, understanding yourself, setting goals, planning, setting a ritual, the four D's and STING, organizing your workspace, organizing your files, and managing your workload.

Your Instructor: Rebecca Kreamer, a licensed attorney and certified teacher, is now also a full time business and educational consultant. She has spoken to and actively engaged hundreds of audiences, and facilitated many groups on a variety of topics including, but not limited to: diversity, time management, stress management, leadership and supervision. In addition, through her facilitator training with Franklin Covey, she is certified in many of the courses offered to businesses and educators. Her style of facilitating, which is active involvement and total engagement of her audiences, promises to create a fun, fast, enjoyable learning experience for all.

Itinerary

Thursday, February 24, 2011

7:30 AM	Registration
8:00 AM	Motivational Interviewing & Brief Interventions in Addiction Treatment
9:30 AM	Break
9:45 AM	Motivational Interviewing & Brief Interventions in Addiction Treatment, cont.
12:00 Noon	Lunch (on your own)
1:00 PM	Fundamentals to Marriage Counseling from a Christian Perspective
2:30 PM	Break
2:45 PM	Fundamentals to Marriage Counseling from a Christian Perspective, cont.
5:00 PM	Dismiss

Friday, February 25, 2011

7:30 AM	Registration
8:00 AM	Therapeutic Interventions with Veterans & the Military
9:30 AM	Break
9:45 AM	Therapeutic Interventions with Veterans & the Military, cont.
12:00 Noon	Lunch (on your own)
1:00 PM	Time Management for the Clinician
2:30 PM	Break
2:45 PM	Time Management for the Clinician, cont.

This seminar has been approved by:

The National Association of Social Workers (NASW) - Louisiana Chapter for 11.25 (Clinical) contact hours of continuing education and 3.75 (General) contact hours of continuing education for the Time Management session. Total contact hours approved are 15 (3.75 hours per session)

Louisiana Counseling Association (LCA) for 15 contact hours of continuing education credit (3.75 hours per session).

Louisiana Association for Marriage and Family Therapy (LAMFT) for 15 contact hours of continuing education (3.75 hours per session).

The Addictive Disorder Regulatory Authority (ADRA) for 15 contact hours of continuing education credit (3.75 hours per session).

* Seven and one half (7.5) hours of continuing education credit will be awarded per each day of attendance.

* NOTE: The University of Louisiana at Lafayette will seek to accommodate all persons with disabilities for this program. If you have a disability that may require accommodations, please notify this office in writing 14 days in advance to make arrangements.

**2010 Mental Health Professionals
Continuing Education Seminar**

February 24 & 25, 2010 ♦ 8:00 AM - 5:00 PM
Location: Hilton Garden Inn - Cajundome
2350 W. Congress St. Lafayette, LA 70506
For Hotel Reservations: (337) 291-1977

Name _____

Position _____

Employer/Agency _____

Address _____

E-mail _____ DOB _____

Phone _____ FAX _____

I am interested in registering for the following:

- Feb 24 - Motivational Interviewing & Brief Interventions in Addiction - \$69
- Feb 24 - Marriage Counseling- \$69
- Feb 25 - Therapeutic Interventions with Veterans & the Military: - \$69
- Feb 25 - Time Management for the Clinician- \$69
- Single Day (Feb 24 or Feb. 25) - \$115
- Entire Seminar - \$195

Board(s) seeking credit from:

- LCA NASW LMFT ADRA

Payment Method (check one):

- Check (Make payable to UL Lafayette)
- Discover MasterCard VISA

Credit Card # _____ Exp. Date ____/____

Security Code (last 3 or 4 digits on back of card) _____

Authorizing Amount \$ _____

Authorizing Signature: _____

Approved Facility Invoice Purchase Order # _____

Online Registration Now Available : www.ce.louisiana.edu (credit card only)

Mail To: **UL Lafayette Continuing Education**
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2011 Mental Health Seminar #1

**2011 Mental Health Professionals
Continuing Education Seminar**

February 24 & 25, 2011

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& Brief Interventions in
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Fundamentals to Marriage
Counseling from a
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Time Management for
the Clinician



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