

**Addictive Disorders Regulatory Authority
(ADRA)**

Sample learning plan for Counselors in Training

CIT name: _____ CIT#: _____

Supervisor's name: _____ CCS#: _____

For period covering: _____ to _____

Primary goal for this year is: _____

1. Objective for month one: _____

Principle methods are: _____

2. Objective for month two: _____

Principle methods are: _____

3. Objective for month three: _____

Principle methods are: _____

4. Objective for month four: _____

Principle methods are: _____

5. Objective for month five: _____

Principle methods are: _____

6. Objective for month six: _____

Principle methods are: _____

7. Objective for month seven: _____

Principle methods are: _____

8. Objective for month eight: _____

Principle methods are: _____

9. Objective for month nine: _____

Principle methods are: _____

10. Objective for month ten: _____

Principle methods are: _____

11. Objective for month eleven: _____

Principle methods are: _____

12. Objective for month twelve: _____

Principle methods are: _____

Please feel free to replicate this form or modify it to suit your needs. It is meant as a suggested guide only.

CIT's Signature: _____

Supervisors Signature: _____